

# Lions Kidney Educational Centre and Research Foundation (L.K.E.C.)

## Chairman's Annual Report (2019-2020)

### 1. Introduction

Twenty-nine successful and challenging years have passed since the establishment of the Lions Kidney Educational Centre and Research Foundation (L.K.E.C.). During the period under review, the educational programmes and exhibitions that we organized were well received by the public and professionals. L.K.E.C. operated the largest Charitable low-cost Haemodialysis Centres in Hong Kong. With the expansion of the fourth Haemodialysis Centres, 52 Haemodialysis machines are now in full operation and we provide over 23,300 Haemodialysis sessions annually.

The first Renal Dialysis Centre, previously known as the "L.K.E.C.- Precious Blood Hospital (Caritas) Renal Dialysis Centre" which started service in 1991 moved to Shop B, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po and has been in full operation since May 2009 as L.K.E.C. Day Dialysis Centre - Chinachem Group Renal Dialysis Centre. The second Renal Dialysis Centre, "L.K.E.C. - Chan Wong Sau Wah Memorial Renal Dialysis Centre" was established in the year 2000 and has been in operation for the past 20 years. L.K.E.C. Day Dialysis Centre (Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre) had been in operation for the past 10 years. The fourth Centre, L.K.E.C. - HKLHD Motors Association Renal Dialysis Centre at Shop B, G/F, 18 Kwong Fuk Road, Tai Po, commenced its service in July 2017. We are setting up a new fifth Haemodialysis Centre at Tai Po and will commence its service in February 2021.

For the past 21 years, the annual "Chinese University of Hong Kong - L.K.E.C. Visiting Professorship" was one of the highlights of our academic calendar. Various overseas reknowned Professors visited our Centres annually to provide professional advice. Our Patron, Professor Sophia Chan Siu-chee, JP (Secretary for Food and Health, HKSAR), continued to give her full support and encouragement to the Foundation.

### 2. The 28th Anniversary Charity Ball and the 29th Installation of the Board of Directors (2019-2020)

The 28th Anniversary Charity Ball cum 29th Installation of the Board of Directors (2019-2020) was held on 24th August 2019 (Saturday) at the InterContinental Hong Kong, with over 500 guests and members attending. Our Guests-of-Honour were Dr. Deacons T. K. Yeung, Director (Cluster Services), Hospital Authority and Lion Alexander K. H. Wong, District Governor of Lions Clubs International District 303 Hong Kong & Macao, China. The event was a great success and HK\$1,308,850 was raised.

### 3. Patron, Vice-Patron and Honorary Advisors

We were honoured to have Prof. Sophia Chan Siu-chee, JP, Secretary for Food & Health, HKSAR as Patron, the Hon Andrew Leung Kwan-yuen, GBS, JP, President of the Legislative Council, HKSAR as Vice-Patron. The Honorary Advisors were Professor the Hon Arthur K. C. Li, GBM, GBS, JP, Professor Fok Tai Fai, SBS, JP, Professor Francis K. L. Chan, SBS, JP, Professor Philip Li, PIP Dr. Tam Wing Kun, BBS, MBE, JP, PID Lion Paul Fan, SBS, BBS, JP, Dr. Peggy Lam, GBS, OBE, JP, Mr. Damian

Lee, JP, Dr. the Hon Pierre Chan, Dr. Matthew K. L. Tong JP, Prof. Lo Wai Kei, Dr. Cheng Yuk Lun, Prof. Sydney Tang, Dr. Samuel K. S. Fung and Dr. Andrew K. S. Choi.

#### **4. L.K.E.C. Board of Directors**

##### **4.1 The Board of Directors**

The Board of Directors met 6 times during the fiscal year 2019-2020. There were 44 Directors including the Chairman, the Honorary Chairmen, the Honorary Life Presidents, the Executive Vice Chairmen, Vice Chairmen, Ex-Officio Director, Directors, the Honorary Executive Administrator, the Honorary Secretary and the Honorary Treasurer. Most of the Board Meetings were well attended which reflected the keen interest and involvement of the Directors.

##### **4.2 Board of Directors 2019-2020**

The members of the Board included the Chairman Ms. Jesse S. Y. Yau, Imm. Past Chairman Dr. H. Eric Chiang, and the Honorary Executive Administrator PDG Dr. Timothy S. C. Teoh. The Honorary Chairmen included Mr. Arnald L. M. Ho, Mr. Aaron H. L. Lam, Dr. David C. W. Hui, Mr. Winston C. C. Chan and Mr. Chan Heung Fan. Honorary Life Presidents included PDG Dr. Timothy S. C. Teoh, Mr. Eric T. C. Cheung, MH, Mr. Edward K. C. Wong, Mr. Bond Y. P. Chan, MH, Ms. Belinda Cheng Man Man, Ms. Jeanette Chan, Mr. Raymond Y. S. Kan, Ms. Lau Ho Ching, Mr. Samuel T. W. Tai, Mr. Henry K. C. Ho, Mr. Fred Y. K. Lui and Dr. H. Eric Chiang. The Executive Vice Chairmen included PDG Mr. Douglas L. T. Chan(1st), Mr. Li Yam Ki (2nd), Mr. William C. F. So (3rd), Mr. Dario H. L. Leung (4th), Ms. Mabel M. L. Tang (5th), Dr. Michael W. Y. Lai (6th). Vice Chairmen included Mr. James H. T. Wong (7th), Ms. Amy L. K. Leung, 2nd VDG (8th), Mr. William P. W. Tsang (9th). Directors were Ms. Loretta T. Y. Wong (Honorary Secretary), Mr. Raymond W. H. Kung, Dr. Chan Chi Kwok, Ms. Scarlet H. Y. Chow, Ms. Anita N. H. Lam, MH, Dr. Jeremy Y. C. Teoh, Mr. Eddie K. T. Lam, Ms. Angela S. L. Yuen (Honorary Treasurer), Mr. Andy C. E. Fei, Mr. Liu Chung Ping, Mr. Johnson W. L. Tang, Ms. Chris K. Y. Hung, Mr. Rodney Y. F. Teoh, Dr. Simon L. H. Chiu, Ms. Tseung Chui King and Mr. Henry K. M. Shin.

##### **4.3 The Ex-Officio Director**

The Ex-Officio Director was Mr. Alexander K. H. Wong (DG).

##### **4.4 Honorary Legal Advisor and Honorary Auditor**

The Honorary Legal Advisor was Ms. Yvonne Y. H. Chiu and the Honorary Auditor was Patrick Wong CPA Ltd.

#### **5. Membership of L.K.E.C.**

L.K.E.C. had a total of 297 members including the Chairman, 5 Honorary Chairmen, 12 Honorary Life Presidents, 6 Executive Vice Chairmen, 3 Vice Chairmen, 1 Ex-Officio Director, 16 Directors, 7 Fellows, 1 Ordinary Member, 225 Associate Members and more than 20 volunteers.

#### **6. Staff of L.K.E.C.**

The Honorary Consultant Nephrologist of the Centres were Dr. Jason Chan Siu Kim and Dr. Tsang Kwong Yuen. There were 50 staff members including 1 General Manager (Finance & Administration), 1 Secretary, 1 Project Coordinator, 1 Senior Accounting Clerk, 6 Clerks, 1 Renal Nursing Director, 29 Registered Renal Nurses, 1 Health Care Assistant and 7 Ward Assistants. On behalf of L.K.E.C., we would like to thanks Dr. Cheng Sai Cheong, who had served L.K.E.C. for the past 15 years a happy retirement. Special thanks should also go to all our staff, without them, our work would not be so efficient and smooth.



## 7. L.K.E.C. Haemodialysis Centres

In 1991, L.K.E.C. started with 4 Haemodialysis machines in Precious Blood Hospital (Caritas) to provide low-cost Haemodialysis services to the needy and elderly end-stage kidney patients who were in financial difficulties. Since then, the number of machines has increased to 52. The fee for each Haemodialysis session including doctor's fee is about 20% of the normal charge (i.e. HK\$1,050 per session including Doctor's fee).

So far, 1,770 patients have benefited from our low-cost Haemodialysis service at the Centers and the patients had attended a total of more than 320,000 Haemodialysis sessions since 1991. Most of our patients are elderly with the average age of 70. More than 40% of our patients suffer from both Diabetes Mellitus and Hypertension in addition to their Kidney failure. We are proud to be able to provide low cost, efficient and high quality services to our needy patients, especially the elderly.

### 7.1 L.K.E.C. - Chan Wong Sau Wah Memorial Renal Dialysis Centre

The Centre was established in June 2000. This Centre was purchased with the donation from "Chan Wong Sau Wah Foundation". It is situated at Flat A-B, 1/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. 18 Haemodialysis machines were installed. The Centre provides over 730 Haemodialysis sessions per month. The Centre provides the needy patients with low cost, high quality and efficient Haemodialysis services.

### 7.2 L.K.E.C. Day Dialysis Centre - Chinachem Group Renal Dialysis Centre

The L.K.E.C. - Precious Blood Hospital Haemodialysis Centre (started in 1991) was the predecessor of this Centre. The Centre is situated at Shop B, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. The Centre provides over 500 Haemodialysis sessions per month since May 2009. 12 Haemodialysis machines have been installed.

### 7.3 L.K.E.C. Day Dialysis Centre - Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre

L.K.E.C. Day Dialysis Centre – Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre is situated at Shop A, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. 10 Haemodialysis machines were installed in the Centre. The Centre provides over 350 Haemodialysis sessions per month.

### 7.4 L.K.E.C. - HKLHD Motors Association Renal Dialysis Centre

L.K.E.C. - HKLHD Motor Association Renal Dialysis Centre is situated at Shop B, G/F, 18 Kwong Fuk Road, Tai Po, New Territories. 12 Haemodialysis machines have been installed in the Centre and it commenced service in July 2017. The Centre provides 350 Haemodialysis sessions per month.

## 8. L.K.E.C. Educational Programme

Large-scale seminar and exhibition on neurological diseases and health education were successfully held. The seminars and lectures were well received and actively supported by the public. Through this activity, we educated the public on the prevention and treatment of neurological diseases and other health problems.

### Health Exhibition 2019 "Mastermind"

Health Exhibition 2019 "Mastermind" was co-organized by the Medical Society, Chinese University of Hong Kong and the Lions Kidney Educational Centre & Research Foundation (L.K.E.C.). It was held on 12th & 13th October 2019, 19th & 20th October 2019 and 26th & 27th October 2019 (3 consecutive Saturdays and Sundays) at Tai Po Mega Mall, Avon Hall, Fanling and Park Central, Tseung Kwan O respectively. The Opening Ceremony on 12th October 2019 was honoured by the presence of Dr. Chui

Tak-Yi, JP (Under Secretary of Food and Health) and Professor Vincent Mok (Assistant Dean, CUHK Faculty of Medicine) which was held successfully on 12th October 2019 at Tai Po Mega Mall, Tai Po. Our L.K.E.C. Chairman Lion Jesse S. Y. Yau, Honorary Executive Administrator PDG Dr. Timothy S. C. Teoh, Directors Dr. Chan Chi Kwok, Dr. Jeremy Y. C. Teoh, Lion Andy C. E. Fei and Lion Tang Wing Luen attended the Opening Ceremony. The Health Exhibitions were about neurological diseases such as stroke, brain epilepsy, dementia and Parkinson's syndrome etc. The Exhibitions included theme-based community free health checks, exhibition board presentations with models and electronic displays, interactive talks by well-known doctors, corneal projection test stroke risk and guests performances. Due to unforeseen circumstances resulting from the latest social unrest, the health exhibition originally scheduled for 13th, 26th and 27th October 2020 was cancelled.

## **9. Hospital Authority – Haemodialysis Public-Private Partnership Programme (HD-PPP)**

Since March 2010, the Hospital Authority (HA) collaborated with L.K.E.C., a qualified and recognised community haemodialysis centre, to provide options for patients to receive haemodialysis under the Haemodialysis Public-Private Partnership Programme (HD-PPP). Currently, the Hospital Authority (HA) has assigned approximately 42 patients to receive haemodialysis at our Centres this year.

## **10. In the past six months, the Coronavirus pandemic has severely affected Hong Kong's economy and people's livelihood.**

In the early stages of Coronavirus pandemic, L.K.E.C. Renal Dialysis Centres had to make contingency plan for special arrangements in infection control such as visitors' registration, taking body temperature and environmental cleaning to control the epidemic spread. During this difficult time, many activities of the Board of Directors were forced to postpone or cancel. Since the outbreak of the pandemic in February this year, the center has received donations of more than 19,200 masks, alcohol swabs, fast-response temperature sensor and epidemic prevention supplies from various organizations, donors and Lions. They were distributed to our kidney patients. A list of donors are as follows:-

- 10.1** Official of Lions Clubs International District 303 Hong Kong & Macao, China (DG Lion Alexander K. H. Wong, 2nd VDG Lion Amy L. K. Leung and Region III Chairperson Lion Henry K. M. Shin) visited our Sham Shui Po Renal Dialysis Centre on the afternoon of 11th February 2020 (Tuesday) and donated masks to our kidney patients. Chairman Lion Jesse S. Y. Yau and Honorary Executive Administrator PDG Dr. Timothy S. C. Teoh, expressed L.K.E.C.'s heartfelt thanks and gratitude for their sponsorship to our patients.
- 10.2** The Members of Lan Kwai Fong Group visited our Sham Shui Po Renal Dialysis Centre on 25th February 2020 (Tuesday) and donated masks to our kidney patients. Honorary Executive Administrator PDG Dr. Timothy S. C. Teoh expressed his heartfelt thanks and gratitude for their sponsorship to our patients.
- 10.3** Lions Club of Chinese Traditional Culture visited our Sham Shui Po Renal Dialysis Centre on 29th February 2020 (Saturday) and donated masks and protection packs to our kidney patients. Honorary Executive Administrator PDG Dr. Timothy S. C. Teoh expressed his heartfelt thanks and gratitude for their sponsorship to our patients.
- 10.4** Lions Club of Mount Cameron and Lions Club of West Kowloon visited our Sham Shui Po Renal Dialysis Centre on 7th March 2020 (Saturday) and donated masks and epidemic prevention supplies to our kidney patients. Honorary Executive Administrator PDG Dr. Timothy S. C. Teoh expressed his heartfelt thanks and gratitude for their sponsorship to our patients.
- 10.5** Lions Club of Tai Ping Shan visited our Sham Shui Po Renal Dialysis Centre on 29th April 2020 (Wednesday) and donated 3M Alcohol Swabs to our kidney patients. Honorary Executive



Administrator PDG Dr. Timothy S. C. Teoh and our 1st Vice Executive Chairman PDG Lion Douglas L. T. Chan expressed their heartfelt thanks and gratitude for their sponsorship to our patients.

**10.6** Lions Club of Hong Kong East visited our Sham Shui Po Renal Dialysis Centre on 15th May 2020 (Friday) and donated Human body temperature rapid screening equipment to our Centre. Honorary Executive Administrator PDG Dr. Timothy S. C. Teoh expressed his heartfelt thanks and gratitude for their sponsorship to our Centres.

**10.7** Our Honorary Chairmen Lion Arnald L. M. Ho and Lion Aaron H. L. Lam, Media 360 Asia, Yinensis and Hong Kong Kidney Foundation also donated masks and epidemic prevention supplies to our kidney patients. Thank you again for their generosity and donations.

## **11. The Chinese University of Hong Kong – L.K.E.C. Visiting Professor 2019**

The “21st Chinese University of Hong Kong – L.K.E.C. Visiting Professor 2019”, Professor Stephen J. Freedland, Professor of Surgery (Urology), Cedars Sinai Medical Centre, Los Angeles, US, visited our Centres on the afternoon of 11th November 2019 (Monday). He praised the Centres for the wonderful work that we had done, and highly commended our staff for their dedicated work in serving their patients.

## **12. Professional Certificate Course in Renal Nursing**

The Open University (LiPACE) – 10th Professional Certificate Course in Renal Nursing was co-organized by Open University (LiPACE), Lions Kidney Educational Centre and Research Foundation (L.K.E.C.), Baptist Hospital and Integrated Dialysis Faculty (IDF). 45 Registered Nurses successfully completed the course and graduated. The course lasted 12 weeks with another 40 hours of practicum. Our Centre is a recognized training centre for the practicum.

## **13. L.K.E.C. Renal Patients Christmas Party**

Renal Patients Christmas Party was held on 19th December 2019 (Thursday) at the Garden Restaurant, Sham Shui Po, Kowloon. Over 110 patients and families and guests attended the event. Our patients had a wonderful and enjoyable day with their family and L.K.E.C. staff. The programmes included a buffet lunch, health talk seminar by Dr. Desmond Y. H. Yap (Clinical Assistant Professor in Nephrology at the University of Hong Kong and Department of Medicine, Queen Mary Hospital). The function included mouth organ music and singing performance by the Neighbourhood Advice-Action Council-Sham Shui Po District Elderly Community Centre, lucky draw. Members of the Board of Directors also attended the event to entertain and to cheer up the patients.

## **14. Fund Raising Activities**

### **14.1 Charity Walkathon “Lions Walk for Life”**

“Lions Walk for Life” was held on 8th December 2019 (Sunday) at Main Dam of Plover Cove Reservoir, Tai Po. More than 400 participants joined the fund-raising walkathon. We were grateful to have Dr. Chui Tak-yi, JP, Under Secretary for Food & Health, HKSAR, Function Chairman PDG Lion Douglas L. T. Chan, L.K.E.C. Chairman Lion Jesse S. Y. Yau and Honorary Executive Administrator PDG Dr. Timothy S. C. Teoh for officiating at the Opening Ceremony. After the walk, participants were taken by coaches to Hong Kong Adventure Corps (Hong Kong Training Camp) to have Poon Choy (盆菜) Lunch. We raised HK\$442,810 and we were grateful to all donors, the public, Lions, Field & Mountain Division, Hong Kong Adventure Corps, Volunteers, Leos and Directors of L.K.E.C. for making this event a resounding success.

#### **14.2 Rendezvous with the World Champions “Theatre of Dreams” Latin Dance Charity Night**

The Latin Dance Charity Night was held on 14th December 2019 (Saturday) at the Lyric Theater of the Hong Kong Academy for Performing Arts. We were grateful to have Dr. Ko Wing Man, GBS, BBS, JP, former Secretary for Food and Health, HKSAR for officiating at the opening ceremony. Special thanks to Dame Margaret Zee for her kind arrangements and the donation of HK\$1 million from Margaret Zee Charitable Foundation Limited to L.K.E.C. The Charity Night presented an amazing line up of internationally famous Latin-dancing world champions and performances by Hong Kong Rope Skipping Club and Hong Kong famous Magician Mr. Louis Yan. We raised HK\$1,424,500.

#### **15. Promotion and support for Organ Donation**

The Hong Kong Medical Association (HKMA) and the Hong Kong Society of Transplantation (HKST) jointly organized an Organ Donation Promotion Walk entitled "Spring Sowers" at Tung Chung on 5th January 2020. Prof. CHAN Siu Chee, Sophia, JP, Secretary for Food and Health and Dr. Hon Pierre Chan, Legislative Councilor and representatives of all co-organizers attended the Opening Ceremony. Dr. Ho Chung Ping, MH, JP, President of HKMA and Chairman of Spring Sowers, said that organ donation promotion was a long term sowing process. A Group of doctors and organ transplant recipients, as well as the KIDS' Dream Choir performed at the Opening Ceremony to promote the importance of organ donation. Around 300 participants participated in the Walk. The event was co-organized by Lions Kidney Educational Centre & Research Foundation, Hong Kong Organ Donation Action Group, Hong Kong Transplant Sports Association, Field and Mountain Division, Lions Clubs International District 303 - Hong Kong & Macao, China, Rotary District 3450, Hong Kong Baptist Hospital, BUPA, Gleneagles Hong Kong Hospital, Quality Healthcare Medical Centre and Union Hospital.

#### **16. Financial Position of L.K.E.C.**

The financial position of L.K.E.C. is healthy and stable. This is only possible because of the support of all the Directors of the Board, and especially the public at large. We would like to appeal to all members of the Lions Clubs and the public to continue to support this meaningful and worthwhile service to the needy in our society. The cost of the expansion of the Haemodialysis Centres and the daily running cost of the four Centres are ever increasing and any donations will be greatly appreciated.

#### **17. Conclusion**

Of the more than 10,000 kidney patients with end stage kidney failure receiving renal replacement therapy, 80% of the patients were on Peritoneal Dialysis treatment, and only 20% were on Haemodialysis. Around 2,000 patients were waiting for transplants in Hong Kong. The Centres provided over 23,300 Haemodialysis sessions per year. The average age of our patients was 70 years old. Over 40% of the patients had both diabetes mellitus and hypertension in addition to their kidney problems. The Centres have been able to serve the patients who needed our services most. Hence, we would like to appeal to the public and members of the Lions Clubs International District 303 Hong Kong & Macao, China, to continue to support us in one way or other. Your generous contributions would be a great help for the betterment of our services to meet the ever increasing need in Hong Kong.

Finally, we would like to thank Professor Sophia Chan Siu-chee, JP, our Patron for her devotion and undivided support throughout the year and our Vice-Patron, Honorary advisors and members of the Boards of Directors for their continuous encouragement and loyal support and advice to L.K.E.C. throughout the year.