

Lions Kidney Educational Centre and Research Foundation (L.K.E.C.)

Chairman's Annual Report (2020-2021)

1. Introduction

Thirty successful and challenging years have passed since the establishment of the Lions Kidney Educational Centre and Research Foundation (L.K.E.C.). During the period under review, the educational programmes and exhibitions that we organized were well received by the public and professionals. L.K.E.C. operates the largest Charitable low-cost Haemodialysis Centres in Hong Kong. With the expansion of the Haemodialysis Services, 61 Haemodialysis machines are now in full operation and we provide over 24,200 Haemodialysis sessions annually.

The first Renal Dialysis Centre, previously known as the "L.K.E.C.- Precious Blood Hospital (Caritas) Renal Dialysis Centre" which started service in 1991 moved to Shop B, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po and has been in full operation since May 2009 as "L.K.E.C. Day Dialysis Centre - Chinachem Group Renal Dialysis Centre". The second Renal Dialysis Centre, "L.K.E.C. - Chan Wong Sau Wah Memorial Renal Dialysis Centre" was established in the year 2000 and has been in operation for the past 21 years. "L.K.E.C. Day Dialysis Centre (Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre)" had been in operation for the past 11 years. The fourth Renal Dialysis Centre, "L.K.E.C. - HKLHD Motors Association Renal Dialysis Centre" at Shop B, G/F, 18 Kwong Fuk Road, Tai Po, commenced its service in July 2017. The fifth Renal Dialysis Centre, "L.K.E.C. Day Dialysis Centre (Tai Po)" at Shop A & B, G/F, 13-15 Sui On Street, Tai Po, commences its service in February 2021.

The annual "The Chinese University of Hong Kong - L.K.E.C. Visiting Professorship" was one of the highlights of our academic calendar. Various overseas renowned Professors visited our Centres annually to provide professional advice. Our Patron, Professor Sophia Chan Siu-chee, JP (Secretary for Food and Health, HKSAR), continued to give her full support and encouragement to the Foundation.

2. The 29th Anniversary Charity Ball and the 30th Installation of the Board of Directors (2020-2021)

The 29th Anniversary Charity Ball cum 30th Installation of the Board of Directors (2020-2021) was originally scheduled to take place on 27th November 2020 (Saturday) at the Kowloon Shangri-La, Hong Kong, but was postponed due to the Covid-19 pandemic and social distancing rules. The annual event has been rescheduled and will now be held on 7th August 2021 (Saturday).

3. Patron, Vice-Patron and Honorary Advisors

We were honoured to have Professor Sophia Chan Siu-chee, JP, Secretary for Food & Health, HKSAR as Patron, the Hon Andrew Leung Kwan-yuen, GBM, GBS, JP, President of the Legislative Council, HKSAR as Vice-Patron. The Honorary Advisors were Professor the Hon Arthur K. C. Li, GBM, GBS, JP, Professor Fok Tai Fai, SBS, JP, Professor Francis K. L. Chan, SBS, JP, Professor Philip Li, PIP Dr. Tam Wing Kun, BBS, MBE, JP, PID Lion Paul Fan, SBS, BBS, JP, Dr. Peggy Lam, GBS, OBE, JP, Mr.

Damian Lee, JP, Dr. the Hon Pierre Chan, Dr. Matthew K. L. Tong JP, Professor Lo Wai Kei, Dr. Cheng Yuk Lun, Professor Sydney Tang, Dr. Samuel K. S. Fung and Dr. Andrew K. S. Choi.

4. L.K.E.C. Board of Directors

4.1 The Board of Directors

The Board of Directors met 6 times during the fiscal year 2020-2021. There were 42 Directors including the Chairman, the Honorary Chairmen, the Honorary Life Presidents, the Executive Vice Chairmen, Ex-Officio Director, Directors, the Honorary Executive Administrator, the Honorary Secretary and the Honorary Treasurer. Most of the Board Meetings were well attended which reflected the keen interest and involvement of the Directors.

4.2 Board of Directors 2020-2021

The members of the Board included the Chairman PDG Lion Douglas L. T. Chan, Immediate Past Chairman Lion Jesse S. Y. Yau and the Honorary Executive Administrator PDG Dr. Timothy S. C. Teoh. The Honorary Chairmen included Lion Arnald L. M. Ho, Lion Aaron H. L. Lam, Dr. David C. W. Hui and Lion Winston C. Chan. Honorary Life Presidents included PDG Dr. Timothy S. C. Teoh, Lion Eric T. C. Cheung, MH, Lion Edward K. C. Wong, Lion Bond Y. P. Chan, MH, Ms. Belinda Cheng Man Man, Lion Jeanette Chan, Lion Raymond Y. S. Kan, Lion Chan Heung Fan, Lion Lau Ho Ching, Lion Samuel T. W. Tai, Lion Henry K. C. Ho, Lion Fred Y. K. Lui, Dr. H. Eric Chiang and Lion Jesse S. Y. Yau. The Executive Vice Chairmen included Lion Li Yam Ki (1st), Lion William C. F. So (2nd), Ir. Lion William P. W. Tsang (3rd), Lion Miranda C. K. Tseung (4th), Lion Andy C. E. Fei (5th), Lion Scarlet H. Y. Chow (6th). Directors were Lion Loretta T. Y. Wong (Honorary Secretary), Lion Raymond W. H. Kung, Ms. Mabel M. L. Tang, Dr. Chan Chi Kwok, Dr. Jeremy Y. C. Teoh, Lion Angela Yuen (Honorary Treasurer), Lion Amy L. K. Leung, 1st VDG, Mr. Liu Chung Ping, Lion Johnson W. L. Tang, Ms. Chris Hung, Lion James H. T. Wong, Dr. Simon L. H. Chiu, Lion Henry K. M. Shin, 2nd VDG, Lion Edwin K. C. Ng, Lion Ken H. K. Wong, Lion Gary K. F. Luk and Ms. Susanna W. Y. Chan.

4.3 The Ex-Officio Director

The Ex-Officio Director was Dr. John L. Y. Leung (DG).

4.4 Honorary Legal Advisor and Honorary Auditor

The Honorary Legal Advisors were Ms. Yvonne Y. H. Chiu and Mr. Rodney Y. F. Teoh, and the Honorary Auditor was Patrick Wong CPA Ltd.

5. Membership of L.K.E.C.

L.K.E.C. had a total of 332 members including the Chairman, 4 Honorary Chairmen, 14 Honorary Life Presidents, 6 Executive Vice Chairmen, 1 Ex-Officio Director, 17 Directors, 5 Fellows, 1 Ordinary Member, 263 Associate Members and more than 20 volunteers.

6. Staff of L.K.E.C.

The Honorary Consultant Nephrologist of the Centres were Dr. Jason Chan Siu Kim and Dr. Tsang Kwong Yuen. There were 55 staff members including 1 General Manager (Finance & Administration), 1 Secretary, 1 Project Coordinator, 1 Senior Accounting Clerk, 6 Clerks, 1 Renal Nursing Director, 34 Registered Renal Nurses, 2 Health Care Assistant and 7 Ward Assistants. Special thanks should also go to all our staff, without them, our work would not be so efficient and smooth.

7. L.K.E.C. Haemodialysis Centres

In 1991, L.K.E.C. started with 4 Haemodialysis machines in Precious Blood Hospital (Caritas) to provide low-cost Haemodialysis services to the needy and elderly end-stage kidney patients who were in financial difficulties. Since then, the number of machines has increased to 61. The fee for each Haemodialysis session including doctor's fee is about 20% of the normal charge (i.e. HK\$1,050 per session including Doctor's fee) in Private Hospitals.

So far, 1,770 patients have benefited from our low-cost Haemodialysis service at the Centers and the patients had attended a total of more than 340,000 Haemodialysis sessions since 1991. Most of our patients are elderly with the average age of 70. More than 40% of our patients suffer from both Diabetes Mellitus and Hypertension in addition to their Kidney failure. We are proud to be able to provide low cost, efficient and high quality services to our needy patients, especially the elderly.

7.1 L.K.E.C. - Chan Wong Sau Wah Memorial Renal Dialysis Centre

Centre was established in June 2000. This Centre was purchased with the donation from "Chan Wong Sau Wah Foundation". It is situated at Flat A-B, 1/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. 18 Haemodialysis machines were installed. The Centre provides over 750 Haemodialysis sessions per month. The Centre provides the needy patients with low cost, high quality and efficient Haemodialysis services.

7.2 L.K.E.C. Day Dialysis Centre - Chinachem Group Renal Dialysis Centre

The L.K.E.C. - Precious Blood Hospital Haemodialysis Centre (started in 1991) was the predecessor of this Centre. The Centre is situated at Shop B, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. The Centre provides over 500 Haemodialysis sessions per month since May 2009. 12 Haemodialysis machines have been installed.

7.3 L.K.E.C. Day Dialysis Centre - Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre

L.K.E.C. Day Dialysis Centre – Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre is situated at Shop A, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. 10 Haemodialysis machines were installed in the Centre. The Centre provides over 350 Haemodialysis sessions per month.

7.4 L.K.E.C. - HKLHD Motors Association Renal Dialysis Centre

L.K.E.C. - HKLHD Motor Association Renal Dialysis Centre is situated at Shop B, G/F, 18 Kwong Fuk Road, Tai Po, New Territories. 12 Haemodialysis machines have been installed in the Centre and it commences service in July 2017. The Centre provides over 400 Haemodialysis sessions per month.

7.5 L.K.E.C. Day Dialysis Centre (Tai Po)

L.K.E.C. Day Dialysis Centre (Tai Po) is situated at Shop A & B, G/F, Cranbourn Building, 13-15 Sui On Street, Tai Po, New Territories. 21 Haemodialysis machines were installed in the Centre and it commences service in February 2021. The Centre provides over 650 Haemodialysis sessions per month.

8. L.K.E.C. Educational Programme

Large-scale seminar and exhibition and health education were unable to be held due to Covid-19 pandemic.

Health Exhibition 2020 "Psychiatry"

Health Exhibition 2020 "Psychiatry" was co-organized by the Medical Society, The Chinese University of Hong Kong and the Lions Kidney Educational Centre & Research Foundation (L.K.E.C.). Due to Covid-19 pandemic, we were unable to provide health checks. The online Health Exhibition this year was officially launched on 27th October 2020. Following 2 weeks, we posted video clips and explained different psychiatric disorders via different channels over the internet. We held Health Information Boards and Professors' and Doctors' Talks. The Grand Finals of "the Hong Kong Secondary School Health Exhibition Presentation Competition" was held successfully at The Chinese University of Hong Kong (CUHK) on 9th November 2020 (Monday). The five teams of finalists included Diocesan Girls' School, German Swiss International School, St. Paul's Convent School, St. Francis' Canossian College and Yew Chung International School. They all performed brilliantly and Yew Chung International School won the 1st Place of the competition. Our 1st Executive Vice Chairman Lion Li Yam Ki and Honorary Executive Administrator PDG Dr. Timothy S. C. Teoh attended the Finals and supported this event.

9. Hospital Authority – Haemodialysis Public-Private Partnership Programme (HD-PPP)

Since March 2010, the Hospital Authority (HA) collaborated with L.K.E.C., a qualified and recognised community haemodialysis centre, to provide options for patients to receive haemodialysis under the Haemodialysis Public-Private Partnership Programme (HD-PPP). Currently, the Hospital Authority (HA) has assigned 40 patients to receive haemodialysis at our Centres this year.

10. The Chinese University of Hong Kong – L.K.E.C. Visiting Professor 2020

Every year, L.K.E.C. and the "The Chinese University of Hong Kong" jointly invite renowned Visiting Professors (Nephrology/Urology) from all over the world to Hong Kong. Due to the ongoing impact of Covid-19 pandemic, the activity was cancelled.

11. Professional Certificate Course in Renal Nursing

Professional Certificate Course in Renal Nursing was co-organized by Open University (LiPACE), Lions Kidney Educational Centre and Research Foundation (L.K.E.C.), Baptist Hospital and Integrated Dialysis Faculty (IDF). Our Centre is a recognized training centre for the practicum. Due to the ongoing impact of Covid-19 pandemic, the course was cancelled this year.

12. Renal Patients Christmas Party

Renal Patients Christmas Party was scheduled to be held on 22nd December 2020 (Tuesday). Due to Covid-19 pandemic and social distancing rules, the Renal Patients Christmas Party was cancelled.

13. Fund Raising Activity

Charity Walkathon "Lions Walk for Life"

"Lions Walk for Life" was scheduled held on 24th January 2021 (Sunday) at Pak Shek Kok Promenade, Tai Po, New Territories. Due to the ongoing impact of Covid-19 pandemic and social distancing rules the event was cancelled.

14. Donation by The Hong Kong Jockey Club Charities Trust

The Hong Kong Jockey Club Charities Trust donated HK\$18.3 million to L.K.E.C. for renovation and purchase of Haemodialysis machines to the new Tai Po Center at Sui On Street.

15. Promotion and support for Organ Donation

Due to Covid-19 pandemic, Organ Donation Promotion Walk entitled "Spring Sowers" was cancelled. The event was to be organised by the Hong Kong Medical Association (HKMA) and the Hong Kong Society of Transplantation (HKST), and Lions Kidney Educational Centre and Research Foundation.

16. Financial Position of L.K.E.C.

The financial position of L.K.E.C. is healthy and stable. This is only possible because of the support of all the Directors of the Board, and especially the public at large. We would like to appeal to all members of the Lions Clubs and the public to continue to support this meaningful and worthwhile service to the needy in our society. The cost of the expansion of the Haemodialysis Centres and the daily running cost of the four Centres are ever increasing and any donations will be greatly appreciated. We are facing many challenges to raise funds during Covid-19 and social distancing period. We are under tremendous pressure to raise funds due to cancellations of many fundraising events and activities. However, L.K.E.C. is still working hard on improving our low-cost, high-quality services to meet the increasing demand from our needy patients.

17. Conclusion

Of the more than 10,000 kidney patients with end stage kidney failure receiving renal replacement therapy, 80% of the patients were on Peritoneal Dialysis treatment, and only 20% were on Haemodialysis. Around 2,000 patients were waiting for transplants in Hong Kong. The Centres provide over 24,200 Haemodialysis sessions this year. The average age of our patients was 70 years old. Over 40% of the patients have both diabetes mellitus and hypertension in addition to their kidney problems. The Centres have been able to serve the patients who needed our services most. Hence, we would like to appeal to the public and members of the Lions Clubs International District 303 Hong Kong & Macao, China, to continue to support us in one way or other. Your generous contributions would be a great help for the betterment of our services to meet the ever increasing need in Hong Kong.

Finally, we would like to thank Professor Sophia Chan Siu-chee, JP, our Patron for her devotion and undivided support throughout the year and our Vice-Patron, Honorary advisors and members of the Boards of Directors for their continuous encouragement and loyal support and advice to L.K.E.C. throughout the year.