

Lions Kidney Educational Centre and Research Foundation (L.K.E.C.)

Chairman's Annual Report (2021-2022)

1. Introduction

Thirty-one successful and challenging years have passed since the establishment of the Lions Kidney Educational Centre and Research Foundation (L.K.E.C.). During the period under review, the educational programmes and exhibitions that we organized were well received by the public and professionals. L.K.E.C. operated the largest Charitable low-cost Haemodialysis Centres in Hong Kong. With the expansion of the fourth Haemodialysis Centres, 61 Haemodialysis machines are now in full operation and we provide over 28,000 Haemodialysis sessions annually.

The first Renal Dialysis Centre, previously known as the "L.K.E.C.- Precious Blood Hospital (Caritas) Renal Dialysis Centre" which started service in 1991 moved to Shop B, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po and has been in full operation since May 2009 as L.K.E.C. Day Dialysis Centre - Chinachem Group Renal Dialysis Centre. The second Renal Dialysis Centre, "L.K.E.C. - Chan Wong Sau Wah Memorial Renal Dialysis Centre" was established in the year 2000 and has been in operation for the past 22 years. L.K.E.C. Day Dialysis Centre (Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre) had been in operation for the past 12 years. The fourth New LKEC Day Dialysis Centre (Tai Po) situated at G/F, Cranbtown Building, 13-15 Sui On Street, Tai Po, commences its service in February 2021. This centre replaced the older centre, LKEC-HKLHD Motors Association Renal Dialysis Centre, which started the service in 2017.

The annual "The Chinese University of Hong Kong - L.K.E.C. Visiting Professorship" was one of the highlights of our academic calendar. Various overseas reknowned Professors visited our Centres annually to provide professional advice. Our Patron, Professor the Hon Sophia Chan Siu-chee, JP (Secretary for Food and Health, HKSAR), continued to give her full support and encouragement to the Foundation.

2. The 30th Anniversary Charity Night and the 31st Installation of the Board of Directors (2021-2022)

The 30th Anniversary Charity Night cum 31st Installation of the Board of Directors (2021-2022) was held on 7th August 2021 (Saturday) at the Nina Hotel, Tsuen Wan with over 300 guests and members attending. Our Guests-of-Honour were Dr. Bernard P. L. Chan, JP, Under Secretary for Commerce and Economic Development, HKSAR, Dr. Deacons Yeung, JP, Director (Cluster Services), Hospital Authority, HKSAR and Lion Amy L. K. Leung, District Governor, Lions Clubs International District 303 Hong Kong & Macao, China. The function was a great success and more than HK\$1,086,960 was raised.

3. Patron, Vice-Patron and Honorary Advisors

We were honoured to have Professor the Hon Sophia Chan Siu-chee, JP, Secretary for Food & Health, HKSAR as Patron, the Hon Andrew Leung Kwan-yuen, GBM, GBS, JP, President of the Legislative Council, HKSAR as Vice-Patron. The Honorary Advisors were Professor the Hon Arthur K. C. Li, GBM, GBS, JP, Professor Fok Tai Fai, SBS, JP, Professor Francis K. L. Chan, SBS, JP, Professor Philip Li,

PIP Dr. Tam Wing Kun, BBS, MBE, JP, PID Lion Paul Fan, SBS, BBS, JP, Dr. Peggy Lam, GBS, OBE, JP, Mr. Paul Y. Y. Wong, JP, Dr. the Hon Pierre Chan, Dr. Matthew K. L. Tong JP, Prof. Lo Wai Kei, Dr. Cheng Yuk Lun, Prof. Sydney Tang, Dr. Samuel K. S. Fung and Dr. Andrew K. S. Choi.

4. L.K.E.C. Board of Directors

4.1 The Board of Directors

The Board of Directors met 6 times during the fiscal year 2021-2022. There were 38 Directors including the Chairman, the Honorary Chairmen, the Honorary Life Presidents, the Executive Vice Chairmen, Ex-Officio Director, Directors, the Honorary Executive Administrator, the Honorary Secretary and the Honorary Treasurer. Most of the Board Meetings were well attended which reflected the keen interest and involvement of the Directors.

4.2 Board of Directors 2021-2022

The members of the Board included the Chairman PDG Lion Douglas L. T. Chan, Immediate Past Chairman Lion Jesse S. Y. Yau and the Honorary Executive Administrator PDG Dr. Timothy S. C. Teoh. The Honorary Chairmen included Lion Arnald L. M. Ho, Lion Aaron H. L. Lam, Dr. David C. W. Hui, Lion Winston C. Chan. Honorary Life Presidents included PDG Dr. Timothy S. C. Teoh, Lion Eric T. C. Cheung, MH, Lion Edward K. C. Wong, Lion Bond Y. P. Chan, MH, Ms. Belinda Cheng Man Man, Lion Jeanette Chan, Lion Raymond Y. S. Kan, Lion Chan Heung Fan, Lion Lau Ho Ching, Lion Samuel T. W. Tai, Lion Henry K. C. Ho, Lion Fred Y. K. Lui, Dr. H. Eric Chiang and Lion Jesse S. Y. Yau. The Executive Vice Chairmen included Lion Li Yam Ki (1st), Lion William C. F. So (2nd), Ir. Lion William P. W. Tsang (3rd), Lion Miranda C. K. Tseung (4th), Lion Andy C. E. Fei (5th), Lion Scarlet H. Y. Chow (6th). Directors were Lion Henry K. M. Shin, 1st VDG, Lion Gary K. F. Luk, 2nd VDG, Lion Loretta T. Y. Wong (Honorary Secretary), Lion Raymond W. H. Kung, Ms. Mabel M. L. Tang, Dr. Chan Chi Kwok, Dr. Jeremy Y. C. Teoh, Lion Angela Yuen (Honorary Treasurer), Mr. Liu Chung Ping, Dr. Simon L. H. Chiu, Lion Howard H. W Cheung and Lion Edwin K. C. Ng.

4.3 The Ex-Officio Director

The Ex-Officio Director was Lion Amy L. K. Leung (DG).

4.4 Honorary Legal Advisors and Honorary Auditor

The Honorary Legal Advisors were Ms. Yvonne Y. H. Chiu and Mr. Rodney Y. F. Teoh, and the Honorary Auditor was Patrick Wong CPA Ltd.

5. Membership of L.K.E.C.

L.K.E.C. had a total of 326 members including the Chairman, 4 Honorary Chairmen, 14 Honorary Life Presidents, 6 Executive Vice Chairmen, 1 Ex-Officio Director, 12 Directors, 7 Fellows, 1 Ordinary Member, 260 Associate Members and more than 20 volunteers.

6. Staff of L.K.E.C.

The Honorary Consultant Nephrologist of the Centres were Dr. Andrew K. S. Choi and Dr. Lau Siu Ngai. There were 55 staff members including 1 General Manager (Finance & Administration), 1 Secretary, 1 Project Coordinator, 1 Senior Accounting Clerk, 7 Clerks, 1 Renal Nursing Director, 34

Registered Renal Nurses, 2 Health Care Assistant and 7 Ward Assistants. Special thanks should also go to all our staff, without them, our work would not be so efficient and smooth.

7. L.K.E.C. Haemodialysis Centres

In 1991, L.K.E.C. started with 4 Haemodialysis machines in Precious Blood Hospital (Caritas) to provide low-cost Haemodialysis services to the needy and elderly end-stage kidney patients who were in financial difficulties. Since then, the number of machines has increased to 61. The fee for each Haemodialysis session including doctor's fee is about 20% of the normal charge (i.e. HK\$1,150 per session including Doctor's fee).

So far, 1,770 patients have benefited from our low-cost Haemodialysis service at the Centers and the patients had attended a total of more than 370,000 Haemodialysis sessions since 1991. Most of our patients are elderly with the average age of 70. More than 40% of our patients suffer from both Diabetes Mellitus and Hypertension in addition to their Kidney failure. We are proud to be able to provide low cost, efficient and high quality services to our needy patients, especially the elderly.

7.1 L.K.E.C. - Chan Wong Sau Wah Memorial Renal Dialysis Centre

The Centre was established in June 2000. This Centre was purchased with the donation from "Chan Wong Sau Wah Foundation". It is situated at Flat A-B, 1/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. 18 Haemodialysis machines were installed. The Centre provides over 750 Haemodialysis sessions per month. The Centre provides the needy patients with low cost, high quality and efficient Haemodialysis services.

7.2 L.K.E.C. Day Dialysis Centre - Chinachem Group Renal Dialysis Centre

The L.K.E.C. - Precious Blood Hospital Haemodialysis Centre (started in 1991) was the predecessor of this Centre. The Centre is situated at Shop B, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. The Centre provides over 500 Haemodialysis sessions per month since May 2009. 12 Haemodialysis machines have been installed.

7.3 L.K.E.C. Day Dialysis Centre - Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre

L.K.E.C. Day Dialysis Centre – Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre is situated at Shop A, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. 10 Haemodialysis machines were installed in the Centre. The Centre provides over 350 Haemodialysis sessions per month.

7.4 L.K.E.C. Day Dialysis Centre (Tai Po)

L.K.E.C. Day Dialysis Centre (Tai Po) is situated at Shop A & B, G/F, Cranbourn Building, 13-15 Sui On Street, Tai Po, New Territories. 21 Haemodialysis machines were installed in the Centre and it commenced service in 8th February 2021. The Centre provides over 650 Haemodialysis sessions per month. The renovation and medical equipments were generously donated by "The Hong Kong Jockey Club Charities Trust" in 2021. This centre replaced the older centre, LKEC-HKLHD Motors Association Renal Dialysis Centre, which started the service in 2017.

8. L.K.E.C. Educational Programme

Large-scale seminars and exhibitions on prevention of kidney diseases and health education were successfully held. The Seminars and lectures were well received and actively supported by the public. Through these activities, we could educate the public on the prevention and treatment of kidney diseases and other health issues.

8.1 Health Exhibition 2021 “Bones and Muscles Hustle Your Struggles”

Health Exhibition 2021 “Bones and Muscles Hustle Your Struggles” was co-organized by the Medical Society, the Student Union of The Chinese University of Hong Kong and Lions Kidney Educational Centre & Research Foundation (L.K.E.C.). It was held on 10th October, 23rd & 24th October and 6th & 7th November 2021 (3 consecutive Saturdays and Sundays) at Tai Po Mega Mall, MOSTown, Ma On Shan and MCP Discovery, Tseung Kwan O respectively. The Opening Ceremony on 10th October 2021 was honoured by the presence of Dr. Johnson Sin (Co-chair of Youth Committee of The Hong Kong Medical Association), Professor Simon Ng (Associate Dean of Student Affairs, Faculty of Medicine, CUHK) and Professor Patrick Yung (Assistant Dean of Alumni Affairs, Faculty of Medicine, CUHK) which was held successfully on 10th October 2022 at Tai Po Mega Mall, Tai Po. Our L.K.E.C Chairman, Lion Douglas L. T. Chan, PDG, Honorary Executive Administrator Dr. Timothy S. C. Teoh, PDG, our 1st Executive Vice Chairman Lion Li Yam Ki, Directors Dr. Chan Chi Kwok and Dr Jeremey Y. C. Teoh attended the Ceremony. The Exhibition provided free health checks, information boards related to the musculoskeletal system, doctors' talk and performances.

8.2 “Diabetes & Your Kidney” Health Exhibition & Seminar 2022 (糖尿病、腎病知多啲)

“Diabetes & Your Kidney” Health Exhibition & Seminar 2022 was co-organized by Lions Club of Jardine's Lookout and Lions Kidney Educational Centre & Research Foundation (L.K.E.C.). The function was held on 4th June & 5th June 2022 (Saturday & Sunday) at YMCA Hong Kong, Tsim Sha Tsui. The opening ceremony was officiated by Dr. Edwin Tsui, JP, Controller, Centre for Health Protection, Department of Health, HKSAR and Dr. Chow Kai Ming, Chairman of Hong Kong Society of Nephrology. The event was followed by a talk on “Diabetes & Your Eyes: What You Need to Know” conducted by Dr. Yoly Fong, Specialist in Ophthalmology. The next day, Dr. Chow Kai Ming and his member Dr. Au Wing Han of The Hong Kong Society of Nephrology conducted seminars with the topic of “Diabetes & Your Kidney”. The events received a great response from the public with more than 100 attendees. Exhibition and seminars were last for 2 days, aimed at not only to raise the awareness of the public on health diseases, as well as providing simple free health check-ups. The public participated enthusiastically in the whole event.

9. Hospital Authority – Haemodialysis Public-Private Partnership (HD-PPP) Programme

Since March 2010, the Hospital Authority (HA) collaborated with L.K.E.C., a qualified and recognised community haemodialysis centre, to provide options for patients to receive haemodialysis under the Haemodialysis Public-Private Partnership (HD-PPP) Programme. Currently, the Hospital Authority (HA) has assigned around 45 patients to receive haemodialysis at our Centres this year.

10. The fifth wave of the epidemic broke out in late December 2021. The Centres received donations of anti-epidemic materials from various organizations, donors, and Lions.

LKEC was also facing a great challenge of the fifth wave Covid-19, a number of patients and staff were suffering from the Covid. There were a series of shortage of masks, PPE suits, disinfectants and other anti-epidemic. We would like to express our gratitude to the following organizations, bodies and individuals for their generous donations and support to our services.

- 10.1** Lions Club of Chinese Traditional Culture visited our Sham Shui Po & Tai Po Renal Dialysis Centres on 31st August 2021 and donated protection packs to our kidney patients. Special thanks goes to our 4th Executive Vice Chairman Lion Miranda T. K. Tseung for her kind arrangement.
- 10.2** Lion Henry K. M. Shin, 1st VDG, Lion Gary K. F. Luk, 2nd VDG and Lion Sammy N. Shum (Region IV Chairman) of Lions Clubs International District 303 Hong Kong & Macao, China visited our Sham Shui Po Renal Dialysis Centre on 10th March 2022 and donated 800 sets of Covid-19 Rapid Antigen Test kit (RAT), 800 piece protective face shield and keychains.
- 10.3** Our Honorary Chairman Lion Arnald L. M. Ho, and Honorary Life President Lion Raymond Y. S. Kan donated 300 sets of Covid-19 Rapid Antigen Test Kit (RAT) and 1,000 set of Covid-19 Rapid Antigen Test Kit respectively. Thank you again for their donations.
- 10.4** Lion Li Yam Ki, Zone 12 Chairman of Lions Clubs International District 303 Hong Kong & Macao, China together with the Presidents of Lions Club of Centre Point HKSAR, Lions Club of Hong Kong (Pacific), Lions Club of Kowloon East, Hong Kong, Lions Club of Phoenix Hong Kong, Lions Club of Hong Kong Millennium and Lions Club of Hong Kong Prominent visited our Sham Shui Po Renal Dialysis Centre on 11th March 2022 and donated 1,000 sets of Covid-19 Rapid Antigen Test kit, 300 piece Protective Face Shield and 100 boxes of Level 3 face masks to our kidney patients.
- 10.5** Lions Club of Shatin, Hong Kong connected and arranged the transportation between China and Hong Kong. 惠州市博羅縣海外聯誼會 donated 1,000 sets of PPE suits and 1,000 sets of epidemic clothes to our Centre.
- 10.6** Lions Club of Kowloon Tong donated 1,776 sets of Covid-19 Rapid Antigen Test Kit (RAT) to our Centre and Lion Fannie K. M. Lam, Lions Club of Hong Kong Yau Tsim Mong donated medicine of Lianhua Qingwen Jiaonang to our Centre.
- 10.7** Lions Club of Diamond Hong Kong visited our Sham Shui Po Renal Dialysis Centre on 16th June 2022 and donated face masks to our kidney patients. Special thanks goes to President and our 2nd Executive Vice Chairman Lion William C. F. So for his kind arrangement.
- 10.8** Lions Club of Kowloon City donated face masks, Lions Club of Hong Kong Mai Po donated an oxygen generator, Hong Kong Brand General Chamber of Commerce donated 38,000 flat masks, International Aromatherapy Association donated 3 cartoon boxes of Covid-19 Rapid Antigen Test kit and Caring For Children Foundation donated anti-epidemic materials to our centre.

11. The Chinese University of Hong Kong – L.K.E.C. Visiting Professor 2021

Every year, L.K.E.C. and “The Chinese University of Hong Kong” jointly invite renowned Visiting Professors (Nephrology/Urology) from all over the world to Hong Kong. Due to the ongoing impact of the fifth wave Covid-19, the activity was cancelled.

12. Renal Patients Christmas Party

Renal Patients Christmas Party was scheduled held in December 2021. Due to Covid-19 pandemic and social distancing rules, the Renal Patients Christmas Party was cancelled.

13. Fund Raising Activity

Charity Walkathon “Lions Walk for Life”

“Lions Walk for Life” was scheduled held in January 2022. Due to the ongoing impact of Covid-19 pandemic and social distancing rules, the event was cancelled.

14. Promotion and support for Organ Donation

Due to Covid-19 pandemic, Organ Donation Promotion Walk entitled “Spring Sowers” was cancelled. The event was to be organized by the Hong Kong Medical Association (HKMA) and the Hong Kong Society of Transplantation (HKST), and Lions Kidney Educational Centre and Research Foundation.

15. Financial Position of L.K.E.C.

The financial position of L.K.E.C. is healthy and stable. This is only possible because of the support of all the Directors of the Board, and especially the public at large. We would like to appeal to all members of the Lions Clubs and the public to continue to support this meaningful and worthwhile service to the needy in our society. The cost of the expansion of the Haemodialysis Centres and the daily running cost of the four Centres are ever increasing and any donations will be greatly appreciated. We are facing many challenges to raise funds during Covid-19 and social distancing period. We are under tremendous pressure to raise funds due to cancellation of many fundraising events and activities. However, L.K.E.C. is still working hard on improving our low-cost, high-quality services to meet the increasing demand from our needy patients.

16. Conclusion

Of the more than 10,000 kidney patients with end stage kidney failure receiving renal replacement therapy, 80% of the patients were on Peritoneal Dialysis treatment, and only 20% were on Haemodialysis. Around 2,000 patients were waiting for transplants in Hong Kong. The Centres provided over 28,000 Haemodialysis sessions this year. The average age of our patients was 70 years old. Over 40% of the patients had both diabetes mellitus and hypertension in addition to their kidney problems. The Centres have been able to serve the patients who needed our services most. Hence, we would like to appeal to the public and members of the Lions Clubs International District 303 Hong Kong & Macao, China, to continue to support us in one way or other. Your generous contributions would be a great help for the betterment of our services to meet the ever increasing need in Hong Kong.

Finally, we would like to thank Professor the Hon Sophia Chan Siu-chee, JP, our Patron for her devotion and undivided support throughout the year and our Vice-Patron, Honorary advisors and members of the Boards of Directors for their continuous encouragement and loyal support and advice to L.K.E.C. throughout the year.