

# Lions Kidney Educational Centre and Research Foundation (L.K.E.C.)

## Chairman's Annual Report (2022-2023)

### 1. Introduction

Thirty-two successful and challenging years had passed since the establishment of the Lions Kidney Educational Centre and Research Foundation (L.K.E.C.). During the period under review, the educational programmes and exhibitions that we organized were well received by the public and professionals. L.K.E.C. operated the largest Charitable low-cost Haemodialysis Centres in Hong Kong. With the expansion of the fourth Haemodialysis Centres, 61 Haemodialysis machines are now in full operation and we provide 28,000 Haemodialysis sessions annually.

The first Renal Dialysis Centre, previously known as the "L.K.E.C. - Precious Blood Hospital (Caritas) Renal Dialysis Centre" which started service in 1991 moved to Shop B, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po and has been in full operation since May 2009 as L.K.E.C. Day Dialysis Centre - Chinachem Group Renal Dialysis Centre. The second Renal Dialysis Centre, "L.K.E.C. - Chan Wong Sau Wah Memorial Renal Dialysis Centre" was established in the year 2000 and has been in operation for the past 23 years. L.K.E.C. Day Dialysis Centre (Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre) had been in operation for the past 13 years. The fourth New LKEC Day Dialysis Centre (Tai Po) situated at G/F, Cranbourn Building, 13-15 Sui On Street, Tai Po, commences its service in February 2021. This centre replaced the older centre, LKEC-HKLHD Motors Association Renal Dialysis Centre, which started the service in 2017.

The annual "The Chinese University of Hong Kong - L.K.E.C. Visiting Professorship" was one of the highlights of our academic calendar. Various overseas renowned Professors visited our Centres annually to provide professional advice. Our Honorary Patron, Mrs. Janet Lee (Wife of the Chief Executive, HKSAR), continued to give her full support and encouragement to the Foundation.

### 2. The 31st Anniversary Charity Night and the 32nd Installation of the Board of Directors (2022-2023)

The 31st Anniversary Charity Night cum 32nd Installation of the Board of Directors (2022-2023) was held on 6th August 2022 (Saturday) at the JW Marriott Hotel Hong Kong with over 300 guests and members attending. Our Guests-of-Honour were Dr. Bernard P. L. Chan, JP, Under Secretary for Commerce and Economic Development, HKSAR and Lion Henry K. M. Shin, District Governor, Lions Clubs International District 303 Hong Kong & Macao, China. The function was a great success and more than HK\$1,134,280 was raised.

### 3. Honorary Patron, Patrons and Honorary Advisors

We were honoured to have Mrs. Janet Lee, Wife of the Chief Executive, HKSAR as Honorary Patron, the Hon Andrew Leung Kwan-yuen, GBM, GBS, JP, President of the Legislative Council, HKSAR and

the Hon Professor Lo Chung Mau, BBS, JP, Secretary for Health, HKSAR as Patrons. The Honorary Advisors were Professor the Hon Arthur K. C. Li, GBM, GBS, JP, Professor Francis K. L. Chan, SBS, JP, Professor Philip Li, PIP Dr. Tam Wing Kun, BBS, MBE, JP, PID Lion Paul Fan, SBS, BBS, JP, Dr. Peggy Lam, GBS, OBE, JP, Dr. the Hon David T. Y. Lam, Mr. Paul Y. Y. Wong, JP, Dr. Matthew K. L. Tong JP, Professor Lo Wai Kei, Dr. Cheng Yuk Lun, Professor Sydney Tang and Dr. Samuel K. S. Fung.

## **4. L.K.E.C. Board of Directors**

### **4.1 The Board of Directors**

The Board of Directors met 6 times during the fiscal year 2022-2023. There were 41 Directors including the Chairman, the Honorary Chairmen, the Honorary Life Presidents, the Executive Vice Chairmen, Ex-Officio Director, Directors, the Honorary Executive Administrator, the Honorary Secretary and the Honorary Treasurer. Most of the Board Meetings were well attended which reflected the keen interest and involvement of the Directors.

### **4.2 Board of Directors 2022-2023**

The members of the Board included the Chairman Lion Li Yam Ki, Immediate Past Chairman Lion Douglas L. T. Chan, PDG and the Honorary Executive Administrator Dr. Timothy S. C. Teoh, PDG. The Honorary Chairmen included Lion Arnald L. M. Ho, Lion Aaron H. L. Lam, Lion Raymond Y. S. Kan, Dr. David C. W. Hui, Lion Winston C. Chan and Lion Fred Y. K. Lui. Honorary Life Presidents included Dr. Timothy S. C. Teoh, PDG, Lion Eric T. C. Cheung, MH, Lion Edward K. C. Wong, Lion Bond Y. P. Chan, MH, Ms. Belinda Cheng Man Man, Lion Jeanette Chan, Lion Chan Heung Fan, Lion Lau Ho Ching, Lion Samuel T. W. Tai, Lion Henry K. C. Ho, Dr. H. Eric Chiang, Lion Jesse S. Y. Yau and Lion Douglas L. T. Chan, PDG. The Executive Vice Chairmen included Lion William C. F. So (1st), Ir. Lion William P. W. Tsang (2nd), Lion Miranda C. K. Tseung (3rd), Lion Scarlet H. Y. Chow (4th), Lion Edwin K. C. Ng (5th), Lion Sidney M. Y. Chang (6th). Directors were Lion Gary K. F. Luk, 1st VDG, Lion Loretta T. Y. Wong (Honorary Secretary), Ms. Mabel M. L. Tang, Dr. Chan Chi Kwok, Dr. Jeremy Y. C. Teoh, Lion Angela Yuen (Honorary Treasurer), Dr. Simon L. H. Chiu, Lion Howard H. W. Cheung, Lion Tai Tak Cheung, Lion Tammy Q. W. Tan and Lion Juliean S. H. Ng.

### **4.3 The Ex-Officio Director**

The Ex-Officio Director was Lion Henry K. M. Shin (DG).

### **4.4 Honorary Legal Advisors and Honorary Auditor**

The Honorary Legal Advisors were Ms. Yvonne Y. H. Chiu and Mr. Rodney Y. F. Teoh, and the Honorary Auditor was Patrick Wong CPA Ltd.

## **5. Membership of L.K.E.C.**

L.K.E.C. had a total of 314 members including the Chairman, 6 Honorary Chairmen, 13 Honorary Life Presidents, 6 Executive Vice Chairmen, 1 Ex-Officio Director, 11 Directors, 7 Fellows, 1 Ordinary Member, 248 Associate Members and more than 20 volunteers.



## **6. Staff of L.K.E.C.**

The Honorary Consultant Nephrologists of the Centres were Dr. Andrew K. S. Choi and Dr. Tsang Kwong Yuen. There were 56 staff members including 1 General Manager (Finance & Administration), 1 Secretary, 1 Project Coordinator, 1 Senior Accounting Clerk, 7 Clerks, 1 Renal Nursing Director, 37 Registered Renal Nurses, 1 Health Care Assistant and 6 Ward Assistants. Special thanks should also go to all our staff, without them, our work would not be so efficient and smooth.

## **7. L.K.E.C. Haemodialysis Centres**

In 1991, L.K.E.C. started with 4 Haemodialysis machines in Precious Blood Hospital (Caritas) to provide low-cost Haemodialysis services to the needy and elderly end-stage kidney patients who were in financial difficulties. Since then, the number of machines has increased to 61. The fee for each Haemodialysis session including doctor's fee is about 20% of the normal charge (i.e. HK\$1,150 per session including Doctor's fee).

So far, 1,770 patients have benefited from our low-cost Haemodialysis service at the Centers and the patients had attended a total of more than 400,000 Haemodialysis sessions since 1991. Most of our patients are elderly with the average age of 70. More than 40% of our patients suffer from both Diabetes Mellitus and Hypertension in addition to their Kidney failure. We are proud to be able to provide low cost, efficient and high quality services to our needy patients, especially the elderly.

### **7.1 L.K.E.C. - Chan Wong Sau Wah Memorial Renal Dialysis Centre**

The Centre was established in June 2000. This Centre was purchased with the donation from "Chan Wong Sau Wah Foundation". It is situated at Flat A-B, 1/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. 18 Haemodialysis machines were installed. The Centre provides over 750 Haemodialysis sessions per month. The Centre provides the needy patients with low cost, high quality and efficient Haemodialysis services.

### **7.2 L.K.E.C. Day Dialysis Centre - Chinachem Group Renal Dialysis Centre**

The L.K.E.C. - Precious Blood Hospital Haemodialysis Centre (started in 1991) was the predecessor of this Centre. The Centre is situated at Shop B, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. The Centre provides over 500 Haemodialysis sessions per month since May 2009. 12 Haemodialysis machines have been installed.

### **7.3 L.K.E.C. Day Dialysis Centre - Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre**

L.K.E.C. Day Dialysis Centre – Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre is situated at Shop A, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. 10 Haemodialysis machines were installed in the Centre. The Centre provides over 350 Haemodialysis sessions per month.

#### **7.4 L.K.E.C. Day Dialysis Centre (Tai Po)**

L.K.E.C. Day Dialysis Centre (Tai Po) is situated at Shop A & B, G/F, Cranbourn Building, 13-15 Sui On Street, Tai Po, New Territories. 21 Haemodialysis machines were installed in the Centre and it commenced service in 8th February 2021. The Centre provides over 700 Haemodialysis sessions per month. The renovation and medical equipments were generously donated by "The Hong Kong Jockey Club Charities Trust" in 2021. This centre replaced the older centre, LKEC-HKLHD Motors Association Renal Dialysis Centre, which started the service in 2017.

### **8. L.K.E.C. Educational Programme**

Large-scale seminars and exhibitions on prevention of kidney diseases and health education were successfully held. The Seminars and lectures were well received and actively supported by the public. Through these activities, we could educate the public on the prevention and treatment of kidney diseases and other health issues.

#### **8.1 Health Exhibition 2022 “Health InSight”**

Health Exhibition 2022 “Health InSight” was co-organized by the Medical Society of The Chinese University of Hong Kong and Lions Kidney Educational Centre & Research Foundation (L.K.E.C.). It was held on 15th & 16th October, 22nd & 23rd October and 29th & 30th October 2022 (3 consecutive Saturdays and Sundays) at MOSTown, Ma On Shan, Laguna Plaza, Lam Tin and Citywalk 2, Tsuen Wan respectively. The Opening Ceremony was held on 15th October 2022 and we were honored by the presence of distinguished guests including Dr. Edmund H. C. Fong, Dr. Victor H. W. Yeung, Professor Philip W. Y. Chiu and Professor Clement C. Y. Tham. This was held successfully on 15th October 2022 at MOSTown, Ma On Shan. Our L.K.E.C Chairman Lion Li Yam Ki and Honorary Executive Administrator Dr. Timothy S. C. Teoh, PDG attended the Ceremony. The Exhibition provided free health checks, information boards, health talks and performances.

#### **8.2 “Diabetes & Your Kidney” Health Exhibition & Seminar 2023 ( 糖尿病、腎病知多啲 )**

“Diabetes & Your Kidney” Health Exhibition & Seminar 2023 was co-organized by Lions Club of Diamond Hong Kong and Lions Kidney Educational Centre & Research Foundation (L.K.E.C.). The function was held on 22nd & 23rd April 2023 (Saturday & Sunday) at YMCA Hong Kong, Tsim Sha Tsui. The opening ceremony was held on 22nd April 2023 and was officiated by Dr. Edwin Tsui, JP, Controller, Centre for Health Protection, Department of Health, HKSAR, Lion Henry K. M. Shin, District Governor of Lions Clubs International District 303 Hong Kong & Macao, China and Dr. Chow Kai Ming, Chairman of Hong Kong Society of Nephrology. The event was followed by a talk on “Diabetes & Your Eyes - What You Need to Know” conducted by Dr. Julie Lok, Specialist in Ophthalmology. The next day, Dr. Zoe Tsang and Dr. Yuen Sze Kit of The Hong Kong Society of Nephrology conducted seminars with the topic of “Diabetes & Your Kidney”. The events received a great response from the public with more than 200 attendees at the Exhibition and Seminars which lasted for 2 days. The aim was to raise public awareness of kidney diseases. Free check-ups were provided.



## 9. Hospital Authority – Haemodialysis Public-Private Partnership (HD-PPP) Programme

Since March 2010, the Hospital Authority (HA) collaborated with L.K.E.C., a qualified and recognised community haemodialysis centre, to provide options for patients to receive haemodialysis under the Haemodialysis Public-Private Partnership (HD-PPP) Programme. Currently, the Hospital Authority (HA) has assigned 50 patients to receive haemodialysis at our Centres this year.

## 10. Visits to Renal Dialysis Centres

- 10.1** The members of Field and Mountain Division (FMD) visited our Sham Shui Po Renal Dialysis Centres on 27th August 2022. They fully supported our “Territory-wide Flag Day” fund raising efforts. They also collected the flag bags to the Flag Bag Collection Depots at the New Territories. Honorary Executive Administrator Dr. Timothy S. C. Teoh, PDG introduced to them our daily operations.
- 10.2** Lions Club of Chinese Traditional Culture visited our Sham Shui Po & Tai Po Renal Dialysis Centres on 10th November 2022 and donated gift bags to our kidney patients. Special thanks goes to 3rd Executive Vice Chairman Lion Miranda T. K. Tseung and Director Lion Tai Tak Cheung for their kind arrangement. LKEC Chairman Lion Li Yam Ki and Honorary Executive Administrator Dr. Timothy S. C. Teoh, PDG introduced our daily operations to them.
- 10.3** The member of the City University of Hong Kong EMBA Association visited our Sham Shui Po Renal Dialysis Centres on 25th February 2023 and donated gift bags to our kidney patients. Special thanks goes to Honorary Life President Lion Jesse S. Y. Yau for her kind arrangement. LKEC Chairman Lion Li Yam Ki, Honorary Chairman Lion Fred Lui, Honorary Life President Lion Henry K. C. Ho and 1st Executive Vice Chairman Lion William C. F. So introduced our daily operations to them.
- 10.4** Lion Brian Sheehan, International President of Lions Clubs International visited our Sham Shui Po Renal Dialysis Centre on 9th April 2023. LKEC Chairman Lion Li Yam Ki, Honorary Executive Administrator Dr. Timothy S. C. Teoh, PDG, Immediate Past Chairman Lion Douglas L. T. Chan, PDG, Honorary Life President Lion Jeanette Chan, 3rd Executive Vice Chairman Lion Miranda C. K. Tseung and Honorary Treasurer Lion Angela Yuen were in attendance.
- 10.5** Lions Club of Silverstrand and Lions Club of Kampar of Lions Clubs International District 308 B2 visited our Renal Dialysis Centres on 13th May 2023, Honorary Executive Administrator Dr. Timothy S. C. Teoh, PDG and Honorary Secretary Lion Loretta T. Y. Wong introduced our daily operations to them, they donated HK\$5,000 to support our service for the needy kidney patients.

## 11. Fund Raising Activity

### Territory-wide Flag day

On 15th October 2022 (Saturday), our flag day was held in Hong Kong, Kowloon and the New Territories. Our sincere thanks to Lion William C. F. So, Chairperson of the Organizing Committee and other members of the organizing committee. We recruited over 2,000 volunteers as flag-sellers, special thanks goes to Flag Bag Collection Depots volunteers which included Perfect Life Association, Hong Kong Adventure Corps, Field and Mountain Division, Honorary Chairman Lion Winston C. Chan,

Mrs. Irene Cheung, Lion Juliean S. H. Ng and Lion Hui Wai Kin. We raised HK\$1,562,000 net. Once again we would like to thanks our board members, staff and volunteers for their hard work in the past few months in organizing this fund raising.

## **12. Financial Position of L.K.E.C.**

The financial position of L.K.E.C. is healthy and stable. This is only possible because of the support of all the Directors of the Board, and especially the public at large. We would like to appeal to all members of the Lions Clubs and the public to continue to support this meaningful and worthwhile service to the needy in our society. The daily running cost of our Centres are ever increasing and any donations will be greatly appreciated.

## **13. Conclusion**

Of the more than 10,000 kidney patients with end-stage kidney failure receiving renal replacement therapy, 80% of the patients were on Peritoneal Dialysis treatment, and only 20% were on Haemodialysis. More than 2,000 patients were waiting for transplants in Hong Kong. The Centres provided 28,000 Haemodialysis sessions this year. The average age of our patients was 70 years old. Over 40% of the patients had both diabetes mellitus and hypertension in addition to their kidney problems. The Centres had been able to serve the patients who needed our services most. Hence, we would like to appeal to the public and members of the Lions Clubs International District 303 Hong Kong & Macao, China, to continue to support us in one way or other. Your generous contributions would be a great help for the betterment of our services to meet the ever increasing need in Hong Kong.

Finally, we would like to thank Mrs. Janet Lee, Wife of Chief Executive, HKSAR our Honorary Patron for her devotion and undivided support throughout the year and our Patrons, Honorary advisors and members of the Boards of Directors for their continuous encouragement and loyal support and advice to L.K.E.C. throughout the year.