



# Lions Kidney Educational Centre and Research Foundation (L.K.E.C.)

## Chairman's Annual Report (2023-2024)

### 1. Introduction

Thirty-third successful and challenging years had passed since the establishment of the Lions Kidney Educational Centre and Research Foundation (L.K.E.C.). During the period under review, the educational programmes and exhibitions that we organized were well received by the public and professionals. L.K.E.C. operated the largest Charitable low-cost Haemodialysis Centres in Hong Kong. With the expansion of the fourth Haemodialysis Centres, 61 Haemodialysis machines are now in full operation and we provide 28,000 Haemodialysis sessions annually.

The first Renal Dialysis Centre, previously known as the "L.K.E.C.- Precious Blood Hospital (Caritas) Renal Dialysis Centre" which started service in 1991 and moved to Shop B, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po and has been in full operation since May 2009 as L.K.E.C. Day Dialysis Centre - Chinachem Group Renal Dialysis Centre. The second Renal Dialysis Centre, "L.K.E.C. - Chan Wong Sau Wah Memorial Renal Dialysis Centre" was established in the year 2000 and has been in operation for the past 24 years. L.K.E.C. Day Dialysis Centre - Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre had been in operation for the past 14 years. The fourth New L.K.E.C. Day Dialysis Centre (Tai Po) - Warren Lee & Mildred Law Renal Dialysis Centre situated at G/F, Cranbtown Building, 13-15 Sui On Street, Tai Po, commences its service in February 2021. This centre replaced the older centre, L.K.E.C. - HKLHD Motors Association Renal Dialysis Centre, which started the service in 2017.

The annual "The Chinese University of Hong Kong - L.K.E.C. Visiting Professorship" was one of the highlights of our academic calendar. Various overseas reknowned Professors visited our Centres annually to provide professional advice. Our Honorary Patron, Mrs. Janet Lee (Wife of the Chief Executive, HKSAR), continued to give her full support and encouragement to the Foundation.

### 2. The 32nd Anniversary Charity Night and the 33rd Installation of the Board of Directors (2023-2024)

The 32nd Anniversary Charity Night cum 33rd Installation of the Board of Directors (2023-2024) was held on 19th August 2023 (Saturday) at the Regent Ballroom, Regent Hong Kong with over 420 guests and members attending. Our Guests-of-Honour were Mrs. Janet Lee, Wife of the Chief Executive, HKSAR, Dr. Simon Y. H. Tang, Director (Cluster Services), Hospital Authority and Lion Gary K. F. Luk, District Governor, Lions Clubs International District 303 Hong Kong & Macao, China, other guests include: The Hon Edmund C. S. Wong, member of the Legislative Council, HKSAR, Ms. Denice Lam, winner of the 2022 Miss Hong Kong pageant 2022 and Ms. Sharon Ying, Miss Friendship of Miss Hong Kong Pageant 2022 etc. The function was a great success and more than HK\$1,210,570 was raised.

### 3. Honorary Patron, Patrons and Honorary Advisors

We were honoured to have Mrs. Janet Lee, Wife of the Chief Executive, HKSAR as Honorary Patron, the Hon Andrew Leung Kwan-yuen, GBM, GBS, JP, President of the Legislative Council, HKSAR and the Hon Professor Lo Chung Mau, BBS, JP, Secretary for Health, HKSAR as Patrons. The Honorary Advisors were Professor the Hon Arthur K. C. Li, GBM, GBS, JP, Professor Francis K. L. Chan, SBS, JP, Professor Philip Li, PIP Dr. Tam Wing Kun, BBS, MBE, JP, PID Lion Paul Fan, SBS, BBS, JP, Dr. Peggy Lam, GBS, OBE, JP, Dr. the Hon David T. Y. Lam, Mr. Paul Y. Y. Wong, JP, Professor Lo Wai Kei, Dr. Chow Kai Ming, Dr. Cheng Yuk Lun, Professor Sydney Tang and Dr. Samuel K. S. Fung.

### 4. L.K.E.C. Board of Directors

#### 4.1 The Board of Directors

The Board of Directors met 6 times during the fiscal year 2023-2024. There were 39 Directors including the Chairman, the Honorary Chairmen, the Honorary Life Presidents, the Executive Vice Chairmen, Vice Chairmen, Ex-Officio Director, Directors, the Honorary Executive Administrator, the Honorary Secretary and the Honorary Treasurer. Most of the Board Meetings were well attended which reflected the keen interest and involvement of the Directors.

#### 4.2 Board of Directors 2023-2024

The members of the Board included the Chairman Lion William C. F. So, Immediate Past Chairman Lion Li Yam Ki and the Honorary Executive Administrator Dr. Timothy S. C. Teoh, PDG. The Honorary Chairmen included Lion Arnald L. M. Ho, Lion Aaron H. L. Lam, Lion Raymond Y. S. Kan, Dr. David C. W. Hui, Lion Winston C. Chan, Lion Fred Y. K. Lui and Lion Douglas L. T. Chan, PDG. Honorary Life Presidents included Dr. Timothy S. C. Teoh, PDG, Lion Eric T. C. Cheung, MH, Lion Edward K. C. Wong, Lion Bond Y. P. Chan, MH, Ms. Belinda Cheng Man Man, Lion Jeanette Chan, Lion Chan Heung Fan, Lion Lau Ho Ching, Mr. Samuel T. W. Tai, Lion Henry K. C. Ho, Dr. H. Eric Chiang, Ms. Jesse S. Y. Yau and Lion Li Yam Ki. The Executive Vice Chairmen included Lion Miranda C. K. Tseung (1st), Mr. Lion William P. W. Tsang (2nd), Lion Edwin K. C. Ng (3rd), Lion Loretta T. Y. Wong (4th) and Honorary Secretary, Lion Tai Tak Cheung (5th), Lion Eva F. W. Leung (6th). Vice Chairmen included Lion Tammy Q. W. Tan and Dr. Chan Chi Kwok. Directors were Ms. Mabel M. L. Tang, Dr. Jeremy Y. C. Teoh, Lion Angela Yuen (Honorary Treasurer), Dr. Simon L. H. Chiu, Lion Howard H. W. Cheung, and Ms. Gloria M. Y. Ki.

#### 4.3 The Ex-Officio Director

The Ex-Officio Director was Lion Gary K. F. Luk (DG).

#### 4.4 Honorary Legal Advisors and Honorary Auditor

The Honorary Legal Advisors were Ms. Yvonne Y. H. Chiu and Mr. Rodney Y. F. Teoh, and the Honorary Auditor was Patrick Wong CPA Ltd.

### 5. Membership of L.K.E.C.

L.K.E.C. had a total of 302 members including the Chairman, 7 Honorary Chairmen, 13 Honorary Life Presidents, 6 Executive Vice Chairmen, 2 Vice Chairmen, 1 Ex-Officio Director, 6 Directors, 4 Fellows, 1 Ordinary Member, 241 Associate Members and more than 20 volunteers.



## **6. Staff of L.K.E.C.**

The Honorary Consultant Nephrologists of the Centres were Dr. Andrew K. S. Choi and Dr. Tsang Kwong Yuen. There were 52 staff members including 1 General Manager (Finance & Administration), 1 Secretary, 1 Project Coordinator, 1 Senior Accounting Clerk, 7 Clerks, 1 Renal Nursing Director, 32 Registered Renal Nurses, 1 Health Care Assistant and 7 Ward Assistants. Special thanks should also go to all our staff, without them, our work would not be so efficient and smooth.

## **7. L.K.E.C. Haemodialysis Centres**

In 1991, L.K.E.C. started with 4 Haemodialysis machines in Precious Blood Hospital (Caritas) to provide low-cost Haemodialysis services to the needy and elderly end-stage kidney patients who were in financial difficulties. Since then, the number of machines has increased to 61. The fee for each Haemodialysis session including doctor's fee is about 20% of the normal charge (i.e. HK\$1,150 per session including Doctor's fee).

So far, 1,770 patients have benefited from our low-cost Haemodialysis service at the Centers and the patients had attended a total of more than 420,000 Haemodialysis sessions since 1991. Most of our patients are elderly with the average age of 70. More than 40% of our patients suffer from both Diabetes Mellitus and Hypertension in addition to their Kidney failure. We are proud to be able to provide low cost, efficient and high quality services to our needy patients, especially the elderly.

### **7.1 L.K.E.C. - Chan Wong Sau Wah Memorial Renal Dialysis Centre**

The Centre was established in June 2000. This Centre was purchased with the donation from "Chan Wong Sau Wah Foundation". It is situated at Flat A-B, 1/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. 18 Haemodialysis machines were installed. The Centre provides over 750 Haemodialysis sessions per month. The Centre provides the needy patients with low cost, high quality and efficient Haemodialysis services.

### **7.2 L.K.E.C. Day Dialysis Centre - Chinachem Group Renal Dialysis Centre**

The L.K.E.C. - Precious Blood Hospital Haemodialysis Centre (started in 1991) was the predecessor of this Centre. The Centre is situated at Shop B, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. The Centre provides over 450 Haemodialysis sessions per month since May 2009. 12 Haemodialysis machines have been installed.

### **7.3 L.K.E.C. Day Dialysis Centre - Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre**

L.K.E.C. Day Dialysis Centre – Lions Club of Hong Kong Chinese Traditional Culture Tseung Chui King Miranda Renal Dialysis Centre is situated at Shop A, G/F, Tai Hing Building, 132 Un Chau Street, Sham Shui Po, Kowloon. 10 Haemodialysis machines were installed in the Centre. The Centre provides over 350 Haemodialysis sessions per month.



#### 7.4 L.K.E.C. Day Dialysis Centre (Tai Po) – Warren Lee & Mildred Law Renal Dialysis Centre

L.K.E.C. Day Dialysis Centre (Tai Po) is situated at Shop A & B, G/F, Cranbourn Building, 13-15 Sui On Street, Tai Po, New Territories. 21 Haemodialysis machines were installed in the Centre and commenced its service in 8th February 2021. The Centre provides over 650 Haemodialysis sessions per month. The renovation and medical equipments were generously donated by "The Hong Kong Jockey Club Charities Trust" in 2021. The donation of Naming right of this centre by Mr. Warren Lee & Lion Mildred Law in 2024. This centre replaced the older centre, L.K.E.C.-H.K.L.H.D. Motors Association Renal Dialysis Centre, which started the service in 2017.

### 8. L.K.E.C. Educational Programme

Large-scale seminars and exhibitions on prevention of kidney diseases and health education were successfully held. The Seminars and lectures were well received and actively supported by the public. Through these activities, we could educate the public on the prevention and treatment of kidney diseases and other health issues.

#### 8.1 Health Exhibition 2023 “Quest to Digest”

Health Exhibition 2023 “Quest to Digest” was co-organized by the Medical Society of The Chinese University of Hong Kong and Lions Kidney Educational Centre & Research Foundation (L.K.E.C.). It was held on 7th & 8th October, 14th & 15th October and 21st & 22nd October 2023 (3 consecutive Saturdays and Sundays) at MCP Discovery, Tseung Kwan O, Laguna Plaza, Lam Tin and Tai Po Mega Mall respectively. The Opening Ceremony was held on 7th October 2023 and we were honored by the presence of distinguished guests including Dr. Jackie Leung, Assistant Director of Health (Health Administration and Planning), Dr. Victor Yeung, Vice-President, The Hong Kong Medical Association, Professor Francis Chan, SBS, JP, Dean, Faculty of Medicine, CUHK, and Professor Vincent Wong, Head, Division of Gastroenterology and Hepatology, Faculty of Medicine, CUHK. Our L.K.E.C. Chairman Lion William C. F. So, Immediate Past Chairman Lion Li Yam Ki, Honorary Executive Administrator Dr. Timothy S. C. Teoh, PDG, Honorary Chairman Lion Fred Y. K. Lui, Honorary Life President Lion Jeanette Chan, 4th Executive Vice Chairman and Honorary Secretary Lion Loretta T. Y. Wong, 8th Vice Chairman Dr C. K. Chan, and Director Dr. Jeremy Y. C. Teoh attended the ceremony. The Exhibition provided free health checks, information boards, health talks and performances.

#### 8.2 “Diabetes & Your Kidney” Health Exhibition & Seminar 2024 (糖尿病、腎病知多啲)

“Diabetes & Your Kidney” Health Exhibition & Seminar 2024 was co-organized by Lions Club of Chinese Traditional Culture and Lions Kidney Educational Centre & Research Foundation (L.K.E.C.). The function was held on 27th & 28th April 2024 (Saturday & Sunday) at YMCA Hong Kong, Tsim Sha Tsui. The opening ceremony was held on 27th April 2024 and was officiated by Dr. Simon Y. H. Tang, Director (Cluster Services), Hospital Authority, Lion Gary K. F. Luk, District Governor of Lions Clubs International District 303 Hong Kong & Macao, China and Dr. Sunny S. H. Wong, Chairman of Hong Kong Society of Nephrology. The event was followed by a talk on “Diabetic eye disease: diagnosis and management” conducted by Dr. Lawrence Lu, Specialist in Ophthalmology. The next day, Dr. Anthony Hau & Dr. Leo Li of The Hong Kong Society of Nephrology conducted seminars with the topic of “Diabetes & Your Kidney”. The events received a great response from the public with more than 100 attendees at the Exhibition and Seminar which lasted for 2 days. The aim was to raise public awareness of kidney diseases. Free check-ups were provided.



## **9. Hospital Authority – Haemodialysis Public-Private Partnership (HD-PPP) Programme**

Since March 2010, the Hospital Authority (HA) collaborated with L.K.E.C., a qualified and recognised community haemodialysis centre, to provide options for patients to receive haemodialysis under the Haemodialysis Public-Private Partnership (HD-PPP) Programme. Currently, the Hospital Authority (HA) has assigned 62 patients to receive haemodialysis at our Centres this year.

## **10. Visits to Renal Dialysis Centres**

- 10.1** L.K.E.C. 1st Executive Vice Chairman Lion Miranda T. K. Tseung and L.K.E.C. 5th Executive Vice Chairman Lion Tai Tak Cheung of Lions Club of Chinese Traditional Culture visited our Sham Shui Po & Tai Po Renal Dialysis Centres on 11th September 2023 and donated lucky bags to our kidney patients. Special thanks goes to Lion Miranda T. K. Tseung and Lion Tai Tak Cheung for their kind arrangement. L.K.E.C. Honorary Executive Administrator Dr. Timothy S. C. Teoh, PDG introduced our daily operation.
- 10.2** SkyPro Medical donated 23 boxes Disposable Coveralls and 73 boxes Level II masks to our kidney patients and staff on 5th October 2023. Special thanks goes to Caring for Children Foundation for their referral. L.K.E.C. Chairman Lion Willaim C. F. So and Honorary Executive Administrator Dr. Timothy S. C. Teoh, PDG represented to receive the donation.
- 10.3** Dr. Patti Hill, International President of Lions Clubs International visited our Sham Shui Po Renal Dialysis Centre on 7th December 2023. L.K.E.C. Honorary Chairman Lion Winston C. Chan, Immediate Past Chairman Lion Li Yam Ki and Honorary Treasurer Lion Angela Yuen introduced our daily operations to them.
- 10.4** Lion A.P. Singh, International 2nd Vice President and Lion Sangeeta Jatia, Past International Director of Lions Clubs International visited our Sham Shui Po Renal Dialysis Centre on 5th January 2024. L.K.E.C. Honorary Executive Administrator Dr. Timothy S. C. Teoh, PDG introduced our daily operations to them.

## **11. The Chinese University of Hong Kong – L.K.E.C. Visiting Professor 2023**

The 22nd Chinese University of Hong Kong – L.K.E.C. Visiting Professor”, Professor Shahrokh Shariat, M.D., Professor and Chairman of the Department of Urology, Medical University of Vienna, Vienna General Hospital, Vienna, Austria. visited the Centres on the afternoon of 27th October 2023 (Friday). He praised the Centres for the wonderful work that we had done, and highly commended our staff for their dedicated work in serving the needy patients. At night, he delivered the pre-dinner talk “All you need to know about prostate cancer” to board members at Loong Yuen Cantonese Restaurant, Holiday Inn Golden Mile Hong Kong, Tsim Sha Tsui.

## **12. Fund Raising Activity**

### **12.1 Territory-wide Flag day**

On 22nd July 2023 (Saturday), our flag day was held in Hong Kong, Kowloon and the New Territories. Our sincere thanks to Lion Miranda C. K. Tseung, Chairperson of the Organizing Committee and other members of the organizing committee. We recruited over 1,860 volunteers as flag-sellers, special thanks goes to Flag Bag Collection Depots volunteers which included Perfect Life Association, Hong Kong Adventure Corps, Field and Mountain Division, Mrs. Irene Cheung, Lion Juliean S. H. Ng and Lion Hui Wai Kin. Also thanks to our organising

committees L.K.E.C. Chairman Lion William C. F So, Immediate Past Chairman Lion Li Yam Ki, Honorary Executive Administrator Dr. Timothy S. C. Teoh, Honorary Chairmen Lion Winston C. Chan, Lion Fred Y. K. Lui and PDG Lion Douglas L. T. Chan, Honorary Life Presidents Lion Eric T. C. Cheung, MH and Lion Jeanette Chan, 4th Executive Vice Chairman and Honorary Secretary Lion Loretta T. Y. Wong, 5th Executive Vice Chairman Lion Tai Tak Cheung, 6th Executive Vice Chairman Lion Eva F. W. Leung, Honorary Treasurer and Director Lion Angela Yuen, Past Chairman Mr. Henry C. H. W, Lion John N. K. Chong, Lion Jason C. K. Ng and Lion Chiang Chun Wah etc. We raised HK\$1,351,634. Once again we would like to thanks our board members, staff and volunteers for their hard work in the past few months in organizing this fund raising.

## 12.2 Charity Walkathon “Lions Walk for Life”

“Lions Walk for Life” was held on 24th March 2024 (Sunday) at Pak Tam Chung P.H.A.B. Site, Sai Kung. More than 400 participants joined the fund-raising walkathon. We were grateful to have Dr Michael L. G. Wong, Director (Quality and Safety), Hospital Authority, Lion Gary K. F. Luk, District Governor, Lions Clubs International District 303 Hong Kong & Macao, China, Function Chairman Lion Miranda C. K. Tseung, L.K.E.C. Chairman Lion William C. F. So, Function Vice Chairmen Lion Loretta T. Y. Wong and Lion Tai Tak Cheung for officiating at the Opening Ceremony. Participants walked to Hong Kong Adventure Corps (Hong Kong Training Camp) to have Poon Choy (盆菜) Lunch. We raised HK\$393,291 and we were grateful to all donors, the public, Lions, Hong Kong Adventure Corps, Field & Mountain Division, Volunteers and Board of Directors of L.K.E.C. for making this event a resounding success.

## 13. Financial Position of L.K.E.C.

The financial position of L.K.E.C. is healthy and stable. This is only possible because of the support of all the Directors of the Board, and especially the public at large. We would like to appeal to all members of the Lions Clubs and the public to continue to support this meaningful and worthwhile service to the needy in our society. The daily running cost of our Centres are ever increasing and any donations will be greatly appreciated.

## 14. Conclusion

Of the more than 10,000 kidney patients with end-stage kidney failure receiving renal replacement therapy, 80% of the patients were on Peritoneal Dialysis treatment, and only 20% were on Haemodialysis. More than 2,000 patients were waiting for transplants in Hong Kong. The Centres provided 28,000 Haemodialysis sessions this year. The average age of our patients was 70 years old. Over 40% of the patients had both diabetes mellitus and hypertension in addition to their kidney problems. The Centres had been able to serve the patients who needed our services most. Hence, we would like to appeal to the public and members of the Lions Clubs International District 303 Hong Kong & Macao, China, to continue to support us in one way or other. Your generous contributions would be a great help for the betterment of our services to meet the ever increasing need in Hong Kong.

Finally, we would like to thank Mrs. Janet Lee, Wife of Chief Executive, HKSAR our Honorary Patron for her devotion and undivided support throughout the year and our Patrons, Honorary advisors and members of the Boards of Directors for their continuous encouragement and loyal support and advice to L.K.E.C. throughout the year.